



Health & Wellness Summit

*“Addressing the issues facing
Childhood Obesity & Juvenile Diabetes”*

Children's activities such as
Arts & Crafts, Bouncy
House, Face-Painting and
Children's Yoga

Panel discussion with local
medical doctors discussing
Childhood Obesity and
Diabetes Management

Exercise and Yoga
Demonstration



Informational Booths on
High Blood Pressure, High
Cholesterol, Healthy
Lifestyle and Exercise

Health and Wellness
Vendors

This is a fun and
exciting event for the
entire family!
Everyone is welcome!

Date: Saturday, July 31, 2010
Time: 10:00am - 2:00pm
Admission: \$2
Location: Boys & Girls Club of Stamford
The Mary C. Rich Clubhouse
347 Stillwater Avenue
Stamford, CT 06902

To view the events calendar visit: www.nbmbaa-wgc.org

For membership information contact Andrea Carter at: membership@nbmbaa-wgc.org